

Super GTF Complex

Description

Product number B009 - 100 tablets

Updated formula, with higher magnesium, selenium and alpha lipoic acid content.

Complex of biologically bonded chromium, manganese, zinc, selenium and magnesium.

Chromium contributes to the maintenance of normal blood sugar levels. Zinc contributes to normal metabolism of carbohydrates, fatty acids and macronutrients. Selenium contributes to the protection of cells against oxidative stress and the normal functioning of the thyroid gland.

Ingredients and% Reference Intake per 2 tablets:

Chromium (chromium picolinate) 400 mcg 1000%

Manganese (bisglycinate) 6 mg 300%

Zinc (L-zinc monomethionine) 20 mg 200%

Magnesium (bisglycinate) 100 mg 26.6%

Selenium (as L-selenomethionine) 100 mcg 182%

R + alpha lipoic acid 60 mg

(All minerals are stated in elementary quantities)

Fillers: rice starch, microcrystalline cellulose and maltodextrines (from corn, gluten-free). **Anti-caking agents:** vegetable magnesium stearate, cottonseed oil, silicon dioxide.

Usage and warnings:

Adults take as a dietary supplement 2 x 1 tablet daily or according to the advice of an expert. This dosage can affect blood sugar levels and medication for diabetes. Do not exceed the recommended dosage. Keep out of reach of children. Consult an expert before use in case of pregnancy, breastfeeding, illness (in particular diabetes) or medication use. Do not use in case of hypersensitivity to one of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.